



Membership for just \$40/month!

REGISTER NOW



Teen Empowerment Workshop

**Our Teen Empowerment Membership Learn to identify your strengths
and unlock your potential! Every 2nd Friday!**

We explore the impact of challenging & traumatic experiences. Teens learn to build resilience by becoming more self-aware & independent.

For teens 14-18 years old.

Membership is \$99.98 billed quarterly
\$40 monthly for non-members
REGISTER online or scan code to JOIN

Teens receive:

- proven goal setting method
- building self-confidence
- stress management techniques
- character strengths analysis
- self-confidence building
- time management tools
- conflict resolution skills
- positive peer support
- much more!

5:30PM - 7PM

2ND FRIDAYS MONTHLY

WORKSHOP INCLUDES:

Materials and healthy snacks

251 Granby St., Ste. 300 Norfolk, VA 23510



GLOM
INITIATIVES INC



LET US BE YOUR GUIDE & SUPPORT

WHO WE ARE?

Glom Initiatives is a strategic development & management consulting firm specializing in helping clients build the psychological skills to unlock potential to achieve their Vision, so they live well and thrive.

Our purpose is to empower, inspire, and encourage personal and professional development for every client.

WHAT WE DO?

We create tailored strategies for each client's specific objectives using sound psychological principles. Our role is to empower clients by providing support and guidance throughout the strategic development and cultivating process to tap into hidden potential and grow new skills.

Get the free procrastination Rx.

A goal-based achievement guide to help you regain initiative and finally conquer those goals!

Ask for details or
simply scan QR Code.



LIFESTYLE DEVO CULTIVATION

Sessions for skills development, enhanced clarity, greater self-awareness & self-confidence about an objective. Methodological approach to goal assessment and attainment with structured guidance and support throughout the process.



STRATEGIC ADVISING

Business Advising for entrepreneurs to increase skills and competency in areas of operations, business model, cash flow management & efficiency. Grow, strengthen and thrive!

Includes: research based guidance, strengths assessments, applicable strategies, measurable ROI, thriving techniques, infrastructure analysis, organizational recommendations



MANAGEMENT CONSULTING & TRAINING

Consulting for organizations looking to strengthen team engagement & dynamics, improve company culture, increase organizational efficiency and boost moral. Improve team well-being & thriving to grow your bottom line and meet company objectives!

REACH OUT FOR MORE INFO



info@glominitiatives.com



www.glominitiatives.com



REGISTER NOW



Teen Empowerment Workshop

Join our Empowerment for Teens Workshop! Learn to identify your strengths and unlock your potential!

We will discuss the impact of traumatic experiences and how to use independence to build resilience despite challenging circumstances.

Topics include:

- goal setting and achievement
- building self-confidence
- stress management tools
- character strengths analysis

Register on Glom Initiatives website or using the Parental Consent link in IG bio

WORKSHOP INCLUDES:

Materials and nibbles

FRIDAYS/ 5:30PM - 7PM

251 Granby St., Ste. 300 Norfolk, VA 23510





Teen Empowerment Workshop

Join us for the age of art! In our workshop, you will learn how to paint your own painting ... from scratch!

We will be discussing the impact of trauma and how we can gain independence and regain resilience despite

What we cover in the workshop:

- goal setting and achievement reinforcement
- building self confidence
- positive conflict resolution skills
-

WORKSHOP INCLUDES:

Materials and nibbles

5:30PM - 7PM / FRIDAYS

251 Granby St., Ste. 300 Norfolk, VA 23510

DOWNLOAD OUR FREE
PRODUCT





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5:30PM - 7PM / FRIDAYS

251 Granby St., Ste. 300 Norfolk, VA 23510

FREE

**ADOLESCENT EMPOWERMENT
WORKSHOP**



SCAN HERE TO
CONNECT WITH ALL THINGS GLOM!
INCLUDING EXCLUSIVE OFFERS, TIPS & MORE



SCAN ME

Glom Initiatives UPCOMING COMMUNITY

EVENTS

**Check Out Our
Upcoming Events
this Year!**

Teen Building Workshop

Enjoy our first Teen Empowerment Workshop located in the heart of Norfolk, Va held from 5:30pm-7pm.

Kids Summer Camp

It's kids time! Various activities will build strong social life skill and creativity.

Family Fun Day

Come & join the super fun family day activities such as fun bike, cooking fun, sand castle building & many more...

Bake Sale Fundraiser

Enjoy the delicious bake selection. All proceeds to help the Street Children Care Center.

For more information:

123-456-7890 or www.reallygreatsite.com





FREE

ADOLESCENT EMPOWERMENT WORKSHOP



5:30PM –
7:00PM



251 Granby St.,
Ste. 300 Norfolk,
VA 23510



SCAN ME

*Learn how to mix
and paint with colour*

Come along and learn techniques on how to mix colours, match colours and paint with colour!

Visit our website below or email us on
info@glominitatives.com

www.glominstitute.com

